





















Schools Range

| Product | Product Code | Product Description | USPs |
|-------------------------------------------------------------------------------------|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Bakery | | | |
|  | BFL3520 |  Sub Roll Semolina 11.5" (150g) 1 x 30 VEGAN | <ul style="list-style-type: none"> * Ready-baked, ready-sliced white deli sub roll topped with semolina * Suitable for vegetarians and vegans * Approx. 504 kcal per sub |
|  | BFL3748 |  White Pitta Bread 60g 1 x 72 VEGAN | <ul style="list-style-type: none"> * Ready-baked, oval-shaped, white pitta bread * Packed 12 x 6 * Suitable for vegetarians and vegans * Approx. 142 kcal per pitta |
|  | BFL3749 |  Wholemeal Pitta Bread 60g 1 x 72 VEGAN | <ul style="list-style-type: none"> * Ready-baked, oval-shaped, wholemeal pitta bread * Packed 12 x 6 * Suitable for vegetarians and vegans * Approx. 143 kcal per pitta |
|  | BFL5270V |  Mini Tear Drop Naan 65g 1 x 40 VEGAN | <ul style="list-style-type: none"> * Ready-baked, teardrop-shaped naan bread with kalonji (black onion) seeds * Packed 8 x 5 * Suitable for vegetarians and vegans * Approx. 183 kcal per naan |
|  | BFL3513V |  Round Garlic and Coriander Naan 50g 1 x 72 VEGAN | <ul style="list-style-type: none"> * Ready-baked, round-shaped naan bread with kalonji (black onion) seeds and a garlic and coriander coating * Packed 4 x 18 * Suitable for vegetarians and vegans * Approx. 140 kcal per naan |



Falafels

| | | | |
|------------------------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p style="text-align: center;">GFS032</p> | <p style="text-align: center;">  Authentic Moroccan Falafels 1kg 2 x 1 GLUTEN-FREE VEGAN </p> | <ul style="list-style-type: none"> * Sweet and aromatic falafels crammed with chunky chickpeas, red peppers, fruit and warm Moroccan spices - simply blended and baked * Approx. 19g each * Defrost and serve, or for best results serve warm * Kosher approved * Suitable for vegetarians, vegans and coeliacs * Approx. 43 kcal per falafel |
|  | <p style="text-align: center;">GFS029</p> | <p style="text-align: center;">  Beetroot Falafels 1kg 2 x 1 GLUTEN-FREE VEGAN </p> | <ul style="list-style-type: none"> * Vibrant falafels loaded with chickpeas, beetroot and lively spices - simply blended and baked * Approx. 19g each * Defrost and serve, or for best results serve warm * Kosher approved * Suitable for vegetarians, vegans and coeliacs * Approx. 36 kcal per falafel |
|  | <p style="text-align: center;">GFS030</p> | <p style="text-align: center;">  Sweet Potato Falafels 1kg 2 x 1 GLUTEN-FREE VEGAN </p> | <ul style="list-style-type: none"> * Golden falafels crammed with chunks of sweet potato, chickpeas and Indian spices - simply blended and baked * Approx. 19g each * Defrost and serve, or for best results serve warm * Kosher approved * Suitable for vegetarians, vegans and coeliacs * Approx. 38 kcal per falafel |



Vegetarian / Vegan – Meat Analogue

| | | | |
|-------------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p style="text-align: center;">KVVM101</p> | <p style="text-align: center;">  IQF Vegan Mince 10 x 1kg (case splittable) GLUTEN-FREE VEGAN </p> | <ul style="list-style-type: none"> * Seasoned soya mince made with EU textured soya protein * Gluten-free * Low fat (inc sat fat) * Source of fibre * High protein * Low sugar * Salt below PHE 2024 Targets * Can be used direct from the freezer in any hob recipe, in place of minced meat * No pre-browning required * Suitable for vegetarians, vegans and coeliacs * Approx. 143 kcal per 100g |
|  | <p style="text-align: center;">KVVB113R</p> | <p style="text-align: center;">  Vegan Quarter Pounders 113g 1 x 24 VEGAN </p> | <ul style="list-style-type: none"> * Seasoned plant-based burgers made with rehydrated EU textured soya protein and onion * Low sugar * Source of fibre * Salt below PHE 2024 Targets * Suitable for vegetarians and vegans * Approx. 228 kcal per burger |

| | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>KVVS50</p> |  <p>Vegan Sausages 50g</p> <p>1 x 40</p> <p>GLUTEN-FREE VEGAN</p> | <ul style="list-style-type: none"> * Lightly seasoned skinless vegan sausages * Made with EU textured soya protein * NOT pre-fried * High protein * Low sat fat * Low sugar * Source of fibre * Salt below PHE 2024 Targets * Suitable for vegetarians, vegans and coeliacs * Approx. 74 kcal per sausage |
|  | <p>KVVB28</p> |  <p>Vegan Bangers 28g</p> <p>1 x 60</p> <p>VEGAN</p> | <ul style="list-style-type: none"> * Vegan skinless chipolata sausages made with EU textured soya protein, herbs and spices * NOT pre-fried * High protein * Low sugar * Source of fibre * Salt below PHE 2024 Targets * Suitable for vegetarians and vegans * Approx. 46 kcal per banger |
|  | <p>KVVM15</p> |  <p>Vegan Meatballs 14g (1.5kg)</p> <p>1 x 1</p> <p>GLUTEN-FREE VEGAN</p> | <ul style="list-style-type: none"> * Lightly seasoned, juicy vegan and gluten-free meatballs made with soya protein * Ideal for pasta sauces, pizza toppings, sub-roll fillings etc * High protein * Low sat fat * Low sugar * Source of fibre * Salt below PHE 2024 Targets * Suitable for vegetarians, vegans and coeliacs * Approx. 20 kcal per meatball |
|   | <p>KVVS15</p> |  <p>Unbaked Vegan Sausage Rolls (15g)</p> <p>1 x 200</p> <p>VEGAN</p> | <ul style="list-style-type: none"> * Unbaked, ready-glazed mini cocktail vegan sausage rolls with a herby textured pea protein filling wrapped in flaky puff pastry * Packed 4 x 50 * Suitable for vegetarians and vegans * Approx. 36 kcal per roll |
|   | <p>KV21665P</p> |  <p>Unbaked 4" Vegan Sausage Rolls (65g)</p> <p>1 x 48</p> <p>VEGAN</p> | <ul style="list-style-type: none"> * Unbaked, ready-glazed vegan sausage rolls with a herby textured pea protein filling wrapped in flaky puff pastry * Packed 3 x 16 * Suitable for vegetarians and vegans * Approx. 134 kcal per roll |

| | | | |
|----------------------------------------------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | KVVS6P |  Unbaked 6” Vegan Sausage Rolls (100g) 1 x 40 VEGAN | <ul style="list-style-type: none"> * Unbaked, ready-glazed vegan sausage rolls with a herby, textured pea protein filling wrapped in flaky puff pastry * Packed 2 x 20 * Suitable for vegetarians and vegans * Approx. 210 kcal per roll |
|----------------------------------------------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



Vegetarian / Vegan – Vegetable Based





| | | | |
|-----------------------------------------------------------------------------------|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | KV21668 |  Unbaked 4” Cheese and Onion Rolls (65g) 1 x 48 VEGETARIAN | <ul style="list-style-type: none"> * Unbaked ready-glazed puff pastry cheese and onion roll filled with real Cheddar and red Leicester cheeses * Packed 3 x 16 * Suitable for vegetarians * Approx. 142 kcal per roll |
|-----------------------------------------------------------------------------------|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| | | | |
|------------------------------------------------------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | KV2156 |  Vegetable Nuggets 18g (2kg) 1 x 1 VEGAN | <ul style="list-style-type: none"> * Mixed vegetables (carrots, sweetcorn, green beans, cauliflower and potato) chopped and seasoned, all coated in golden breadcrumbs * Halal approved * Suitable for vegetarians and vegans * Approx. 35 kcal per nugget |
|------------------------------------------------------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| | | | |
|-------------------------------------------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | KV2158 |  Vegetable and Cheese Country Bakes 110g 1 x 20 VEGETARIAN | <ul style="list-style-type: none"> * Mixed garden vegetables (green beans, sweetcorn, carrot, potato and onion) in a creamy medium mature Cheddar cheese sauce, all coated in golden breadcrumbs * Halal approved * Suitable for vegetarians * Approx. 224 kcal per bake |
|-------------------------------------------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Omelettes





| | | | |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | FSCV213  | Frampton's Free-range Muffin Omelettes 50g 1 x 50 VEGETARIAN | <ul style="list-style-type: none"> * Ready-cooked, round-shaped, light, fluffy omelette, specifically designed to fit a muffin/burger bun * Made with British Lion free-range eggs * Packed 2 x 25 * Suitable for vegetarians * Approx. 87 kcal per omelette |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|







| | | | |
|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>FSCV832</p>  | <p>Frampton's</p> <p>Free-range Plain Omelettes 100g</p> <p>1 x 24</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Ready-cooked, light, fluffy, half-moon shaped plain omelette * Made with British Lion free-range eggs * Packed 2 x 12 * Suitable for vegetarians * Approx. 176 kcal per omelette |
|  | <p>FSCV833</p>  | <p>Frampton's</p> <p>Free-range Cheese Omelettes 100g</p> <p>1 x 24</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Ready-cooked, half-moon shaped omelette, filled with grated extra mature Cheddar cheese * Made with British Lion free-range eggs * Packed 2 x 12 * Suitable for vegetarians * Approx. 184 kcal per omelette |

Pork

| | | | |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>KKPM14A</p>  |  <p>Cooked Pork Meatballs 14g (3kg)</p> <p>1 x 1</p> | <ul style="list-style-type: none"> * Ready-cooked * Lightly seasoned prime pork meatballs made with 80% Red Tractor Certified British pork * Approx. 44 kcal per meatball |
|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Pizzas and Pizza Crusts

| | | | |
|-------------------------------------------------------------------------------------|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>CFLF5005</p> |  <p>5" Cheese and Tomato Pizzas (118g)</p> <p>1 x 30</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Unbaked, round-shaped pizza topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%) * Individually flow-wrapped for convenience * This pizza is lower in fat than our standard cheese and tomato pizzas * Suitable for vegetarians * Approx. 309 kcal per pizza |
|  | <p>CFHC5005</p> |  <p>5" Cheese and Tomato Pizzas with Wholemeal</p> <p>1 x 30</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Unbaked, round-shaped pizza with added wholemeal flour, topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%) * Individually flow-wrapped for convenience * Suitable for vegetarians * Approx. 322 kcal per pizza |

| | | | |
|-------------------------------------------------------------------------------------|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>CFLF523</p> |  <p>12" Deep Pan Cheese and Tomato Pizzas (663g)</p> <p>1 x 7</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Unbaked, round-shaped deep pan pizza topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%) * Individually wrapped for convenience * This pizza is lower in fat than our standard deep pan cheese and tomato pizzas * Suitable for vegetarians * Approx. 1664 kcal per pizza |
|  | <p>CFLF526</p> |  <p>15" x 9" Deep Pan Cheese & Tomato Pizza Slabs (810g)</p> <p>1 x 6</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Unbaked, deep pan slab-shaped pizza topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%) * Approx. 15 portions per slab * This pizza is lower in fat than our standard cheese and tomato deep slab pizzas * Suitable for vegetarians * Approx. 2009 kcal per pizza / 134 kcal per 1/15th portion |
|  | <p>CFHC526</p> |  <p>15" x 9" Deep Pan Cheese & Tomato Pizza Slabs Pizzas with Wholemeal (810g)</p> <p>1 x 6</p> <p>VEGETARIAN</p> | <ul style="list-style-type: none"> * Unbaked, deep pan slab-shaped pizza with added wholemeal flour, topped with tomato sauce and a blend of real shredded mozzarella and Cheddar cheeses (21%) * Approx. 15 portions per slab * Suitable for vegetarians * Approx. 2009 kcal per pizza / 134 kcal per 1/15th portion |
|  | <p>CFLF523C</p> |  <p>12" Deep Pan Pizza Bases (410g)</p> <p>1 x 10</p> <p>VEGAN</p> | <ul style="list-style-type: none"> * Unbaked, deep pan round-shaped pizza base * Add topping of choice and oven bake * This pizza base is lower in fat than our standard deep pan pizza bases * Suitable for vegetarians and vegans * Approx. 1185 kcal per base |
|  | <p>CFLF526C</p> |  <p>15" x 9" Deep Pan Pizza Bases (510g)</p> <p>1 x 9</p> <p>VEGAN</p> | <ul style="list-style-type: none"> * Unbaked, deep pan slab-shaped pizza base * Add topping of choice and oven bake * Approx. 15 portions per slab * This pizza crust is lower in fat than our standard deep pan pizza crusts * Suitable for vegetarians and vegans * Approx. 1433 kcal per base / 96 kcal per 1/15th portion |



CFHC526C



15" x 9" Deep
Pan Pizza
Bases
with Wholemeal
(510g)

1 x 9

VEGAN

- * Unbaked, deep pan slab-shaped pizza base with added wholemeal flour
- * Add topping of choice and oven bake
- * Approx. 15 portions per base
- * Suitable for vegetarians and vegans
- * Approx. 1433 kcal per base / 96 kcal per 1/15th portion

Pancakes



CC11627



Crêpe Cuisine 
American Style
Pancakes
40g

1 x 120

VEGETARIAN

- * American-style pancake with a "fluffy" sponge texture and light vanilla flavour
- * Ideal for desserts and snacks
- * Approx. 4" diameter
- * Made with British Lion free-range eggs
- * Packed 24 x 5
- * Suitable for vegetarians
- * Approx. 95 kcal per pancake



CC11628

Crêpe Cuisine 
Vegan
American Style
Pancakes
40g

1 x 120

VEGAN

- * American-style pancake made to a vegan recipe, with a "fluffy" sponge texture and light vanilla flavour
- * Ideal for desserts and snacks
- * Approx. 4" diameter
- * Packed 24 x 5
- * Suitable for vegetarians and vegans
- * Approx. 84 kcal per pancake



CC11192



Crêpe Cuisine 
Buttermilk
Pancakes 32g

1 x 120

VEGETARIAN

- * American-style pancake made with buttermilk, with a "fluffy", sponge texture
- * Ideal for desserts and snacks
- * Approx. 3.5" diameter
- * Made with British Lion free-range eggs
- * Packed 24 x 5
- * Suitable for vegetarians
- * Approx. 76 kcal per pancake



KB12040



KaterBake™
American Style
Pancakes 40g

1 x 120

VEGETARIAN

- * Ready-baked, round, sweet, soft vanilla flavoured American-style pancakes (IQF)
- * Ideal for desserts and snacks
- * Approx. 4" diameter
- * Suitable for vegetarians
- * Approx. 116 kcal per pancake

Non-Dairy Ice Cream

| | | | |
|-----------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>FFV06</p> | <p> Vanilla Non-Dairy Ice Cream 900ml 1 x 6 (case splitable) GLUTEN-FREE VEGAN</p> | <ul style="list-style-type: none">* A non-dairy vanilla ice-cream* Free-from wheat, gluten, milk, eggs and nuts* Approx. 18 x 50ml scoops per 900ml tub* Kosher approved* Suitable for vegetarians, vegans and coeliacs* Approx. 96 kcal per 50ml scoop |
|-----------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

images show serving suggestions

Exclusively available from

Central Foods Ltd, PO Box 14, BRACKLEY, Northants, NN13 5FF

Tel: 01604 858 522

www.centralfoods.co.uk enquiries@centralfoods.co.uk

Information correct as at 26.9.23 E&OE

